# Join our mission and make a difference!

We're looking for passionate volunteers to support our mission and help us create positive impacts in the community.



## **Volunteer Opportunities:**

# Caregiver Support Group Facilitators

Help facilitate a support group in your community

Training and onboarding is available to make sure it will be a good fit, and that you feel prepared to enter these confidential spaces to help caregivers navigate the variety of challenges they encounter during the journey with dementia.

## **Day Program Volunteers**

Join in with one or both of DSNW's Good Times Clubs, social respite programs for those living with dementia.

- Assist with program activities with guidance from DSNW's OFC staff members
- Socialize with program members
- Lend a hand preparing the daily lunch
- Share your talents and passions: Music, art, hobbies, collections, etc!

### Project Lifesaver

- Search and Rescue
   Become a registered emergency worker in Whatcom County and receive regular training to aid in search and rescue efforts to locate program members in cases of wandering.
- Program Maintenance
   Help perform regular equipment maintenance including battery and band replacements alongside DSNW's program coordinator

#### **Dementia Friendly Events**

Weekly breakfast clubs, community gardening groups, seasonal art classes, summertime concert attendance, and more help provide caregivers with the opportunity to connect with one another in low-key social settings, helping to alleviate the isolation that so often accompanies dementia.

If you have an idea for a new event, or would like to join in helping with one that's already on our calendar, we'd love to hear from you.



Interested in volunteering? Contact us:

https://www.dementiasupportnw.org/contact