



# THE BREAKFAST CLUB

The Breakfast Club meets weekly at Denny's on Meridian. Caregivers and their loved ones are encouraged to gather for socialization. Dementia is not discussed, but socialization is a major part of supporting those with dementia.

**LOCATION:** Denny's  
161 Telegraph Rd, Bellingham, WA 98226

**DATE AND TIME:** Mondays, 10:00 am



**We encourage you to join.** Forming a comfortable dementia supportive community is important not only for the person with dementia, but also for the caregiver.

[www.dementiasupportnw.org](http://www.dementiasupportnw.org) | (360)671-3316